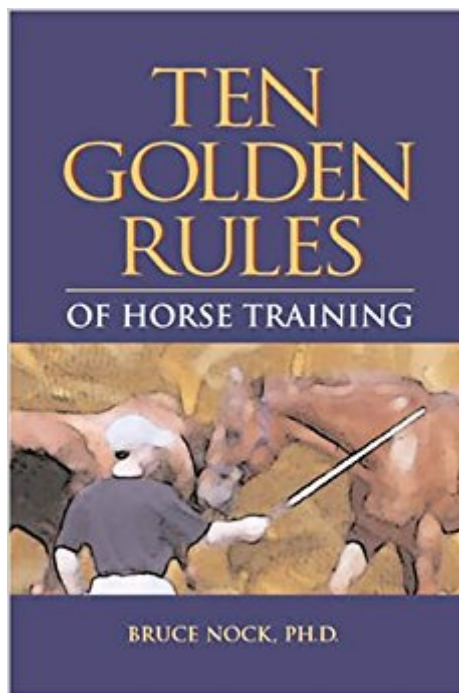


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# Ten Golden Rules Of Horse Training: Universal Laws For All Training Levels And Riding Styles



## Synopsis

Let's face it; whenever we interact with our horses we're training them. Good, bad or indifferent, they are learning something. Using the Ten Golden Rules will guide your actions and reactions, regardless of a horse's temperament, experience and the exact circumstances. They apply to all styles of riding pleasure, hunter, jumper, dressage, and Western-and to all levels of training, from the most basic to the most advanced. And, they apply to handling horses from the ground as well as from the saddle. The result? A happier more cooperative relationship between you and your horse, based on trust and understanding.

## Book Information

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## Customer Reviews

Bruce Nock is an expert in animal behavior, holding both Master and PhD degrees in Psychobiology, from Bucknell University and The Institute of Animal Behavior, Rutgers University. His special focus is in the area of neurochemical and neuroendocrine basis of behavior, which is a fancy way of describing the link between brain and behavior. An avid rider and trainer, whose love and respect for his horses shines throughout this book. He holds tenured positions in the Department of Psychiatry and of Anatomy and Neurobiology at Washington University School of Medicine in St. Louis, Missouri. He lives on Watershed Farm in Missouri.

I came across this book purely by accident a few months back. I've since read it from cover to cover and reread it many times over. Every time I read it I get something new out of it. Dr. Nock is an animal scientist with a passion and deep understanding of equine behaviour and training. Ten Golden Rules of Horse Training does read a little like a scientific work but it's still highly readable

and easy for even the novice rider to grasp. The information is not buried in fluffy words or self promotion. Instead Dr Nock shares his knowledge and experience in a way that is clear and to the point. Whilst there are a couple of specific training exercises in the book Ten Golden Rules is not a horse training 'recipe book' like those programs (of which many are very worthwhile and held in high regard) offered by other high profile professional horse trainers. The way I feel its best described it is if these high profile training programs provide the 'flesh', then Ten Golden Rules is the 'bones' that holds the whole training process up. Once you've grasped Dr. Nock's Golden Rules, then you will be able to assess any horse training program and the exercises in it and the likelihood of success or failure. You will be able to develop your own training exercises by simply following the Golden Rules. Your confidence in working with your horse on the ground and under saddle will climb to new heights. I paid around \$50 for a used copy and it's worth every penny and more. If you spend any time around horses either for pleasure or for work then this work is an absolute must have.

I make my living training and riding horses. I have read most every modern horse training book and many of the ancient books and this book is by far the best and most useful training book I have ever read. No psychobabble, mysticism, horse whispering, American or Australian hillbilly folklore, or any other scams or nonsense. This book can teach you horse training skills based upon science that will serve you and your horses very well.

I wish this book had been available five years ago when I first became involved with horses. Dr. Nock's "Ten Golden Rules" is the first book anyone interested in training a horse - or even owning one - should read. Except for clearly outlining a procedure for tactfully establishing your superior rank within your 'herd', this is not a 'How To' recipe book. Instead, Dr. Nock explains basic learning theory as it applies specifically to the horse. With the information this book provides you can better understand, evaluate, and implement any of the more detailed training programs promoted by today's top trainers, solve problems those programs don't address, or even develop your own training program. Learning the 'Ten Golden Rules' will benefit both you and your horse.

Great insights, made more powerful by being simple. Some books go way too far into the arcana of horse behavior, and therefore become unusable in the general day to day work of training horses.

This book takes the complicated, step-by-step directions found in all the other horse training books

and provides ten common-sense rules that can be applied to every horse training situation. It's an excellent addition to your horse training/psychology library and one that is a thoroughly enjoyable read as well!

I am a riding instructor/horse trainer of forty years - this is the text I recommend to all my students. Very well done!

Great book reasonable price and quick service

Great book, fast shipping time. Everybody at my barn is asking to read this informative book

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